



# COOPERATIVE PARENTING<sup>TM</sup> and Divorce

Learn to make a peaceful transition from parents to co-parents with this helpful course.

**Through this program you will learn how to:**

- shield your children from parental conflict
- manage your anger
- negotiate peacefully with your child's other parent
- establishing a positive, long-term relationship as "co-parents"

Video, discussion, and activities make for a fast-paced workshop. Cooperative Parenting and Divorce uses helpful video scenes to demonstrate common co-parenting challenges and solutions. Each workshop allows plenty of time for group discussion and activities.

**Coming soon in September! Dates & times are TBA. Please email [hubcoordinator@gpfes.com](mailto:hubcoordinator@gpfes.com) or fill out <https://forms.office.com/r/CFgM7edCc0> to be placed on the waitlist.**

Winner of a Parent's Guide to Children's Media (Parenting Division) Award!

Here's what the judges had to say:

"Divorce itself is tough on children, but constant, often bitter conflict that persists after the divorce makes it even tougher. Divorced or divorcing parents will find the workbook and video vignettes openly address likely areas of conflict and offer possible solutions that keep parents centered on what they can both agree on: the happiness and well-being of their child. Open communication and genuine respect, even amidst understandable differences, ground the conflict-resolving strategies."